

# LUCY'S KITCHEN

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## SIDES & VEGETABLES

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2 lb minimum on all sides & vegetables please - serves 6-8

### Grains, Rice, Beans & More - \$12/lb

**Mediterranean Quinoa pilaf** with feta, arugula, chickpeas, RRP & fresh herbs (GF)

**Summer wild rice** with pecans, oranges & scallions (GF, VEGAN)

**Lentils, cauliflower & dates** with red onion, lemon & olive oil (GF, VEGAN)

**Chickpeas & cucumber** with shaved carrots & a light vinaigrette (GF, VEGAN)

**Chickpeas with kale**, Parmesan Reggiano & lemon vinaigrette (GF, VEGETARIAN)

**Farro w/Shitake Mushrooms & Roasted Brussel Sprouts** (VEGAN)

**Greek Style Cherry Tomato Salad** with Feta, Kalamata olives & red onion (GF, VEGETARIAN)

**Black Bean Salad** with fresh cilantro, scallion & red bell pepper (GF, VEGAN)

**Bistro potato** salad with shallot vinaigrette (GF, VEGAN)

**French Lentil Salad** w/carrot, leek, fresh basil & ricotta salata cheese (VEGETARIAN)

### VEGETABLES

#### All Seasonal Veggies are Gluten Free

**Kale & Apple Salad** with candied walnuts, blue cheese & light vinaigrette (VEGETARIAN)- \$13

**Roasted Spaghetti Squash** with Fresh Tomato & Parm Cheese (VEGETARIAN) - \$12

**Steamed Broccoli** with roasted garlic & parmesan (VEGETARIAN) - \$11.50

**Roasted Baby Carrots** with feta & cilantro (VEGETARIAN)- \$13

**Steamed Zucchini** with red onion & tomatoes (VEGAN) - \$11.50

**Broccoli Rabe** with garlic & roasted red peppers (VEGAN) - \$13

**Green Beans** w/wild mushrooms & crispy shallots (VEGAN) - \$11.50

**Steamed Baby Spinach** with garlic (VEGAN)- \$13

**Roasted Rosemary Potatoes** (VEGAN) - \$13

**Baby Beets** with Dijon mustard vinaigrette (VEGAN) - \$11.50

**Raw Broccoli Slaw** with dried cranberries, slivered almonds, & buttermilk dressing (VEGETARIAN)- \$11.50

### Sides by the Tray

**Rice Pilaf** (GF, VEGAN)- \$45

**Potatoes Dauphanoise** (VEGETARIAN) - \$60

**Penne with Tomato Ragu** (VEGETARIAN) - \$40

**Wild Mushroom Risotto** (GF, VEGETARIAN) - \$65

**Classic Creamy Mashed Potatoes** (GF, VEGETARIAN) - \$55

**Vegetarian Fried Rice** (GF, VEGETARIAN) - \$55

Garlic Bread - \$9.99

Mini Ciabatta Rolls w/ Asiago Cheese - \$13/dz

Assorted NYC breads & rolls - \$13/dz

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**CALL AHEAD 609-924-3623**

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