

LUCY'S KITCHEN

EST 1991

— AND MARKET —

SIDES & SALADS

2 lb minimum on all sides & vegetables please - serves 6-8

Grains, Rice, Beans & More - \$11/lb

- Quinoa pilaf with carrots, celery, leeks, red bell pepper & fresh herbs (GF, VEGAN)
- Harvest wild rice with mushrooms, dried cranberries & hazelnuts (GF, VEGAN)
- Lentils, cauliflower & dates with red onion, lemon & olive oil (GF, VEGAN)
- Chickpeas & cucumber with shaved carrots & a light vinaigrette (GF, VEGAN)
- Chickpeas with kale, Parmesan Reggiano & lemon vinaigrette (GF, VEGETARIAN)
- Farro w/Shitake Mushrooms & Roasted Brussel Sprouts (VEGAN)
- Mozzarella Salad with tomatoes, Kalamata olives & red onion (GF, VEGETARIAN)
- Black Bean Salad with fresh cilantro, scallion & red bell pepper (GF, VEGAN)
- Bistro potato salad with shallot vinaigrette (GF, VEGAN)
- French Lentil Salad w/carrot, leek, fresh basil & ricotta salata cheese (VEGETARIAN)

VEGETABLES

All Seasonal Veggies are Gluten Free

- Kale & Apple Salad with candied walnuts, blue cheese & light vinaigrette (VEGETARIAN)- \$12.25
- Roasted Spaghetti Squash with Fresh Tomato & Parm Cheese (VEGETARIAN) - \$11
- Steamed Broccoli with roasted garlic & parmesan (VEGETARIAN) - \$11
- Roasted Baby Carrots with feta & cilantro (VEGETARIAN)- \$11
- Steamed Zucchini with red onion & tomatoes (VEGAN) - \$11
- Broccoli Rabe with garlic & roasted red peppers (VEGAN) - \$12.25
- Green Beans w/wild mushrooms & crispy shallots (VEGAN) - \$11
- Snow Peas with edamame & pea shoots (VEGAN) - \$12.25
- Steamed Baby Spinach with garlic (VEGAN)- \$12.25
- Roasted Rosemary Potatoes (VEGAN) - \$11
- Baby Beets with Dijon mustard vinaigrette (VEGAN) - \$11
- Raw Broccoli Slaw with dried cranberries, slivered almonds, & buttermilk dressing (VEGETARIAN)- \$11

Sides by the Tray

- Rice Pilaf (GF, VEGAN)- \$45
- Potatoes Dauphanoise (VEGETARIAN) - \$55
- Penne with Tomato Ragu (VEGETARIAN) - \$40
- Wild Mushroom Risotto (GF, VEGETARIAN) - \$60
- Classic Creamy Mashed Potatoes (GF, VEGETARIAN) - \$50
- Vegetarian Fried Rice (GF, VEGETARIAN) - \$50

Garlic Bread - \$9.99

Mini Ciabatta Rolls w/ Asiago Cheese - \$12.95/dz

Assorted NYC breads & rolls

CALL AHEAD 609-924-3623
